

# JCTR BASIC NEEDS BASKET: LUSAKA

JANUARY 2013

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha	KR
Mealie meal (breakfast)	54,900	2 x 25Kgs	109,800		
Beans	18,000	3 Kgs	54,000		
Kapenta (dry)	51,400	2 Kgs	102,800		
Bream, smoked	52,000	1Kgs	52,000		
Beef, mixed cut	25,800	4 Kgs	103,200		
Dark green vegetable	4,700	4 Kgs	18,800		
Tomatoes	5,700	4 Kgs	22,800		
Onion, large	6,000	2 Kgs	12,000		
Cooking oil	34,400	3 litres	41,280		
Bread	5,200	1 loaf/day	156,000		
Sugar	14,400	6 Kgs	43,200		
Tea, powder	35,000	1 Kgs	35,000		
Eggs	8,000	2 Units	16,000		
Salt	2,900	1Kgs	2,900		
Milk (fresh)	5,200	4x500ml	20,800		
<b>Sub Total</b>				<b>790,580</b>	<b>790.5800</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	145,000	180Kg	290,000		
Soap (Lifebouy)	3,000	10 Tablets	30,000		
Wash soap (Boom)	4,500	4x400g	18,000		
Jelly (e.g. Vaseline)	9,100	1x500ml	9,100		
Electricity (med. density - fixed)	372,000		372,000		
Water & Sanitation (med. cost- fixed)	210,000		210,000		
Housing (med. density - 3 bedroom)	1,750,000		1,750,000		
<b>Sub Total</b>				<b>2,679,100</b>	<b>2,679.1000</b>

**Total for Basic Needs Basket** **3,469,680** **3,469.6800**

Totals from previous months	Dec 11	Jan 12	Feb 12	Mar 12	Apr 12	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12
Amount	K2,904,150	K2,968,280	K2,996,120	K2,935,680	K2,907,540	K2,909,820	K3,395,660	K3,445,000	K3,456,360	3,455,500	K3,450,060	K3,475,720	K3,532,100

## (C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400, 000 – K600, 000	Chilenje-Town	K8, 000
Grades 10-12 (User + PTA/year)	K650, 000 – K1, 000,000	Chelston -Town	K8, 600
School Uniform (grades 8-12)	K100, 000 – K200, 000	Matero-Town	K8, 000
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3, 000 - K5, 000	Petrol (per litre)	K8, 155
Self referral (Emergency Fee)	K 5, 500	Diesel (per litre)	K7, 566
Mosquito Net (private)	K30, 000 – K120, 000	Paraffin (per litre)	K5, 154

## (D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area - CSO
Pay Slip	K1,695,174.82 to K2,725,990.49	K2,418,245.99 to K2,798,245.99	K1,633,715.49 to K2,749,227.15	K1,403,000 (2010 Living conditions survey)

This survey was conducted on 30<sup>th</sup> January, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The January Basic Needs Basket is approximately US\$646 based upon an average middle exchange rate of 5.3672KR per US\$ at the end of January.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia  
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: [basicjctr@jesuits.org.zm](mailto:basicjctr@jesuits.org.zm) Website: [www.jctr.org.zm](http://www.jctr.org.zm)  
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka